1. What does it mean to be selectively permeable?
2. What are the two major kind of environmental stresses at high altitudes for humans?
3. Explain why the air pressure is lower at higher altitudes.
4. What is hypoxia? What are symptoms of hypoxia?
5. What are some ways the body cope with being at high elevations?
6. Why do some athletes train at high altitudes?
7. How do Indians benefit from living in high mountain valleys?